

## PAPPARDELLE WITH CALIFORNIA WALNUT PESTO Recipe by Ethan Stowell

## **INGREDIENTS**

- 3½ C California walnuts, toasted
- 4 C Italian parsley leaves, packed
- 2 C Parmigiano reggiano cheese, freshly grated
  - 4 Garlic cloves
- 1½ C Extra virgin olive oil

  Salt and pepper to taste
- 4 lb. Pappardelle pasta, fresh
- 1½ C California walnuts, toasted, chopped
  - Parmigiano reggiano cheese (optional)

PREPARATION: 15 minutes COOK: 5 minutes TOTAL TIME: 20 minutes SERVINGS: 16

## **DIRECTIONS**

- l. Place half the walnuts, parsley, cheese and garlic in food processor.
- 2. Finely chop, while adding half the olive oil. Purée until smooth.
- 3. Transfer to bowl and repeat with remaining ingredients, making a total of 2 batches. Season with salt and pepper; set aside. (Makes approximately 4 cups.)
- 4. Cook pasta in boiling salted water until al dente, about 3 to 4 minutes. Drain, reserving some of the cooking water. For each serving, toss 2 cups cooked pasta with ¼ cup Walnut Pesto adding some of the reserved cooking water as required to thin the pesto. Toss well to coat evenly.
- Transfer to warm pasta bowl. Sprinkle with 1 tablespoon chopped walnuts and grated cheese. Serve immediately.



**Nutrition Information Per Serving:** 440 calories, 24g total fat, 0g saturated fat, 4mg cholesterol, 87mg sodium, 45g carbohydrates, 4g dietary fiber, 12g protein